



# BREAKAWAY

SINCE 1976



Editor Bobby Skedsmo No.50

February 2006



## President's Message

Presently, hope 2006 will be a good year for all of us especially in cycling. Past a year ago, we had cheered our USDCA cyclists in Melbourne, Australia and they brought home some medals. Future in June, we will have World Championship in our homeland, San Francisco, USA. We wish the best of luck with our United States Team: road and mountain bike athletes. Most of

all, I wish to extend my condolences to the wonderful committee of planning the World Deaf Cycling Championship Event.

Past year, my role as a president was a rewarding experience as I have had the opportunity to work closely with the officers through the cyber-world. I have had the honor to attend USADSF: House of Delegates Meeting in Frederick, Md in past November. It was nice seeing old and new faces as well selecting our new USADSF Officers. We also had the opportunity to try out the new sport, orienteering, as it was one of the highlights during our stay in Frederick.

We were thrilled to know our role model, Lance Armstrong won his seventh career in Tour De France and may his winning streak be influential over our USDCA cyclists this coming summer.

We wish you the best year of cycling and good luck with the upcoming World Championships.

Bev Buchanan



## WORLD CYCLING CHAMPIONSHIPS Organizing Committee Chair's Message



Hi Everybody!

2006 World Deaf Cycling Championships Schedule Released

FREMONT, Calif., (February 1, 2006) – The 2006 World Deaf Cycling Championships (WDCC) committee has released its event schedule. USA is hosting the international week-long event for the first time ever and the championships will feature

elite contestants from 10 countries. The complete 2006 WDCC schedule can be found at

<http://www.usdeafsports.org/2006cycling>.

Featured venues include the Hellyer Velodrome in San Jose for the 1000m Sprint and Points Race. "The Hellyer Velodrome will be the location for two evenings of high-speed and close racing," said Robin Horwitz, the 2006 WDCC director. "The championships will close out with a 75-mile (120km) road race on a spectacular 28-mile loop through coastal dunes and redwood groves in and around the coastal town of Pescadero."

**Monday June 19**, Hellyer Velodrome will be the location of the 1000m Sprint. "In addition to the 1000m Sprint, the schedule will also include Northern California Track Racers competitions which will make for an exciting evening for all teams and fans in Northern California." Plans for the evening include entertainment and an exposition.

**Tuesday, June 20**, the Individual Time Trial will be hosted at Coyote Lake in San Jose. This course will test cyclists' legs with the rolling hills and their technical skills on the curves.

**Wednesday, June 21**, the Mountain Bike Race will be hosted at Santa Teresa Park in San Jose. This is the first time Mountain Bike Race has been included in the World Deaf Cycling Championships and will provide fans with plenty of excitement on a short track course.

**Thursday, June 22**, the thrilling and fast Points Race will be at Hellyer Velodrome once again with entertainment and an exposition. Traditionally, the Points Race has always been fast. The sprints for points during the race will take place several times and will create excitement.

**Friday, June 23**, the Mountain Bike Race will once again be at the Santa Teresa Park in San Jose. This will be a long distance course which will provide cyclists with plenty of challenge, especially with hills and the heat.

**Saturday, June 24**, On Saturday, June 24, the 75-mile Pescadero Road Race, hosted annually by the local cycling club Alto Velo, KeefeTeam Realtors and Webcor Builders, was selected because of several reasons. "The course is challenging, scenic and a perfect ending to the week of racing," said Horwitz. "This course is extremely hilly, twisty and fast. The cyclists are in for a treat; this is one of the best courses anywhere." The World Deaf Cycling Championships banquet will be held that evening at City Beach in Fremont, Calif., where video highlights of the 75-Mile Pescadero Road Race will be shown.

All races and others will be covered by DeafNation, the 2006 WDCC media partner, and daily streaming video and immediate race results will be available online. This will enable the international community to root for their champions and for coaches, family, friends, and sponsors to keep abreast of WDCC race results.

#### **About the 2006 World Deaf Cycling Championships**

The 2006 World Deaf Cycling Championships is sanctioned by the International Committee of Deaf Sports, a member of the International Olympic Committee, and is hosted by the USA Deaf Sports Federation, a member of the U.S. Olympic Committee. The week-long international event will take place in San Francisco, California from June 18 to 24, 2006 and will be covered live by DeafNation. Please visit at this site:

[www.usdeafsports.org/2006cycling](http://www.usdeafsports.org/2006cycling) .

Sunday June 18 to 24, 2006

Sat	Jun 17	Arrival
Sun	Jun 18	Technical Meeting
Mon	Jun 19	5-kilometer Prologue 1000-meter Sprints
Tues	Jun 20	35-kilometer Individual Time Trial
Wed	Jun 21	Mountain Bike Race
Thu	Jun 22	50-kilometer Points Race
Fri	Jun 23	Mountain Bike Race
Sat	Jun 24	100-kilometer Road Race
Sun	Jun 25	Departure

Riders and representatives will stay at the California School for the Deaf in Fremont at no cost to the teams or representatives. There are cottages with kitchen for them to use conveniently.

Many thanks to all the people who volunteered to help us out. If you have any questions, feel free to send email to Robin Horwitz at [horwitz@usadsf.org](mailto:horwitz@usadsf.org) .

The web site is at this:

<http://www.usdeafsports.org/2006cycling>

Thanks and happy cycling!

Nathaniel Horwitz

USDCA Vice President and WDCC Chairperson

### **MOUNTAIN BIKING TEAM COACH**



Ralph Fernandez - Charles Cordy - Thomas Dincklage of Switzerland

The USA Deaf Sports Federation held its Executive Board meeting and approved our recommendation to appoint Ralph Fernandez as our USA mountain biking coach for the 2006 World Deaf Cycling Championships which will take place in San Francisco June, 2006.

Please convey your congratulations to Ralph and wish him and his mountain bikers nothing but the best in San Francisco!

Do you believe in coincidence? In the picture above, Charles Cordy, who won the gold medal at the 1985 Los Angeles, is our current coach for the USA cycling team and Ralph Fernandez, who won the silver medal, is our appointed coach for the USA mountain biking team. It is cool that we have both of them as our coaches!

### **US CYCLING TEAM for the WORLD CYCLING CHAMPIONSHIPS**

The USDCA would like to announce the selected names of riders who tried out last September in the San Francisco Bay area.

## National Cycling Team

Kosa Osbrink  
Schreiber Metz  
Staubach Idler  
Wood

## Development Cycling Team

McLean Koetz

Visit our new album of US cycling team tryouts (photos)  
<http://www.usdeafcycling.org/album/2005-tryouts/base0.html>

Visit the following site of National Cycling Team /  
Development Cycling Team (photos)  
<http://www.usdeafcycling.org/national-cycling-2005.htm>

## US CYCLING TEAM TRYOUTS RESULTS

### 9.8-mile Individual Time Trial Result Friday September 16, 2005

1. Osbrink, Rory - California 23:32.0
2. Kosa, Trevor – South Dakota 24:47.5
3. Metz, Andrew - California 25:05.0
4. Koetz, Graham - California 25:19.0
5. Staubach, Scott - Tennessee 25:58.0
6. McLean, Johnny - Indiana 25:59.5
7. Jones, Chris - California 29:15.0
8. Commerson, Ryan – Mich 29:25.5
9. Godsey, Scott - Washington 31:36.0

Idler, Matt – California did not participate in this event  
Ribera, Reyes - California did not participate in this event  
Harnish, Daniel – California did not participate in this event



The group picture was taken after the individual time trial event.

### 1000-meter Sprint Saturday Morning September 17, 2005

#### 200-meter Sprint Result from Standing start to finish.

1. Kosa 17.59.2
2. Staubach 17.81.0
3. McLean 18.94.2
4. Osbrink 19.06.3
5. Idler 19.40.0
6. Commerson 19.57.0
7. Koetz 19.66.3
8. Jones 20.65.3
9. Godsey 21.31.4
10. Harnish 24.60.8

#### ¼ Finals

Kosa Kosa  
Jones

Staubach Staubach  
Koetz

McLean McLean  
Commerson

Osbrink Idler  
Idler

**5-6-7-8 Places** Osbrink – Commerson – Koetz - Jones

#### ½ Finals

Kosa Kosa  
Idler

Staubach Staubach  
McLean

#### Finals

McLean McLean  
Idler

Kosa Kosa  
Staubach

**46.5-mile Livermore Hills Road Race  
Saturday Afternoon September 17, 2005**

1. Idler plus won on small steep hill – 5 points
2. Kosa
3. Osbrink
4. McLean
5. Staubach
6. Koetz
7. Cammerson
8. Ribera
9. Godsey Lapped on last lap
10. Jones DNF

**Santa Cruz Criterium – Sunday Morning September 18, 2005**

**Category 3 (23 laps)**

Kosa finished in the 2/3 way back of the pack  
Staubach dropped out on 5th lap  
McLean dropped out on 3rd lap

**Category 4 (20 laps)**

Idler finished in the 2/3 way back of the pack  
Osbrink completed in the back pack (aggressive)

**Category 5**

Commerson lagged on first lap

**LOCAL ORGANIZING COMMITTEE  
Progress Report**

Every responsible person for the committee has been identified. So the LOC is laying the foundation for successful 2006 world cycling championships in the San Francisco Bay area. The following committee make up is:

- Director:** Robin Horwitz
- Transportation:** Mike Farnady
- Social:** Toby Daniels
- Lodging:** Leslie Firl
- Awards/Podium:** Bob Morrison
- Venues:** Bobby Skedsmo
- Registration:** Francine Lauer Skedsmo
- Public Relations:** Mike Macaulay / Robin Horwitz
- Volunteers:** Matt Idler
- Sponsorship:** Robin Horwitz / Mike Macaulay / Rory Osbrink

- Merchandising and Race Event Setup:** Tom Murillo
- Consultants:** Jack Lamberton / Larry Nolan

**CYCLING CLUB ACTIVITY**

California Deaf Wheelers had its 9th annual family-style lasagna and spaghetti dinner and meeting at the California School for the Deaf, Elementary Activity Centera on January 28th. It was be the time to collect annual dues, make plans for rides over the year, make motions and finally eat delicious homemade foods.

**CYCLING CLUB APPLICATION**

The following criteria in establishing a bike club is required to meet the minimum.

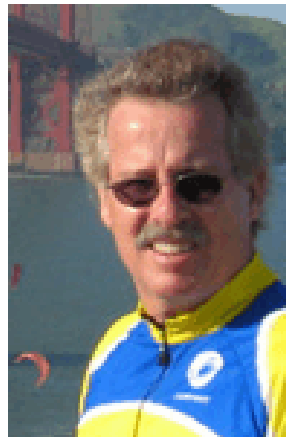
1. Three members or more to start
2. Club is required to pay \$6 affiliate fee per year
3. Individual Membership is \$5 as required which will go to USDCA.

Note: Fee for club functions is the club's decision. By joining the USDCA, you will receive the following benefits:

1. club will be recognized as an official body across the nation,
2. seal of prestige, reputation and honor,
3. ability to communicate among the local and national members,
4. opportunity to qualify for the national / development team, and
5. placing your club activities in our Breakaway publication.
- 6.

Find this club membership application at <http://www.usdeafcycling.org/cyclubs2.htm>

**NOTES from SECRETARY-TREASURER  
Bobby Skedsmo**



This is the 50<sup>th</sup> newsletter issue that has been published since our USDCA's 31 years existence. We have every reason to be proud of our organization because we are the first NSO established after the basketball and softball of the old AAAD, continue to be stable and strong and have brought unprecedented number of medals home. Not only this but have published since the establishment of USDCA in 1975.

The members of the USDCA are thrilled to learn that the new cycling club is being formed for those who live in the DC Metro. A group of ten deaf cyclists comprised of six men and four women including Ralph Fernandez who

organize the cycling ride. They all turned out to be good and experienced riders. They rode from the Gallaudet University Tower Clock to Mt Vernon and back. They named their group "d Velo" - a cycling club similar to the California Deaf Wheelers (CDW). They will keep CDW's eyes peeled on their newly club.

This will add to our existing stand alone club, California Deaf Wheelers that is affiliated with USDCA. If interested in forming a new club, please find *cycling club application* somewhere on our Web site.

## **NO MORE BREAKAWAY NEWSLETTER on the paper**

The USDCA Board Members agreed that we stopped printing the newsletter because it took a lot of the editor's time to print, collate, stitch, fold, insert, seal, label, stamp and then run to the post office. In addition, it cost more for postages and papers. Hence, the newsletter will always be on the web site. In addition, you will be able to view more colored pictures. You also will have an option to print it or keep your previous newsletters on the web site at any time and view them at your convenience.

As of March 5, 2005, the **USDCA treasury** has a balance of \$3265.00. Please note the annual report in the back of this newsletter.

## **USDCA ANNUAL MEMBERSHIP RENEWAL**

Thank you for your extraordinary support of our cycling mission and interest for future generations. You're a valued member of the US Deaf Cycling Association. That's why we want you to renew your membership. We also want to remind you that with our fiscal year beginning January 1, it's time to renew your membership in USDCA. Please take a moment to check out the web-based membership application at <http://www.usdeafcycling.org/applic-2.htm>

For over one fourth of a century, USDCA has steadily grown and improved in every respect to serve the members.... we simply cannot succeed without your renewed support. Thank you for renewing promptly!

## **WINTER DEAFLYMPICS IN THE NEWS**



The 16th Winter Deaflympics, to be held in Salt Lake City USA (SLC) February 1-10, 2007, will offer the best of the Winter Deaflympics tradition, competition featuring the world's best deaf athletes, and a cultural arts festival. In an effort to have something for winter sports enthusiasts and others, the 16th Winter Deaflympics Organizing

Committee is planning to create an international winter sports and cultural arts festival that will coincide with the Games. The Deaflympics, founded in 1924, is the second oldest international multi-cultural sports event in the world, surpassed only by the Olympics which were founded in 1894.

Contact: Secretary-General Edward Ingham  
2007 Deaflympics Organizing Committee  
E-mail: [Media@2007Deaflympics.com](mailto:Media@2007Deaflympics.com)

### **USDCA OFFICERS**

#### **President:**

Bev Buchanan [beverly.buchanan@gallaudet.edu](mailto:beverly.buchanan@gallaudet.edu)

#### **Vice-President:**

Robin Horwitz [nrh@nathanielhorwitz](mailto:nrh@nathanielhorwitz.com)

#### **Secretary-Treasurer:**

Bobby Skedsmo [usdeafcycling@mindspring.com](mailto:usdeafcycling@mindspring.com)  
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#### **Road Bike Technical Director**

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#### **Mountain Bike Technical Director**

John Nordstrand

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#### **U.S.D.C.A.**

Beverly Buchanan

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# USDCA BUDGET By Year

1/1/2005 Through 12/31/2005

9/25/2005

Page 1

Category Description	1/1/2005- 12/31/2005	% of Total	OVERALL TOTAL
<b>INCOME</b>			
Club Affiliate	6.00	2.67 %	6.00
Membership	218.40	97.33 %	218.40
<b>TOTAL INCOME</b>	<b>224.40</b>	<b>100 %</b>	<b>224.40</b>
<b>EXPENSES</b>			
Affiliation Due	100.00	62.92 %	100.00
Bank Charge	5.00	3.15 %	5.00
Services	53.94	33.94 %	53.94
<b>TOTAL EXPENSES</b>	<b>158.94</b>	<b>100 %</b>	<b>158.94</b>
<b>OVERALL TOTAL</b>	<b>65.46</b>	<b>100 %</b>	<b>65.46</b>

# USDCA DEVELOPMENT FUNDS

6/30/1986 Through 9/25/2005

9/25/2005

Page 1

6/30/1986-  
9/25/2005

Category Description

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**INCOME**

Mountain Bike Fund	122.00
Road Bike Fund	400.24
<b>TOTAL INCOME</b>	<b>522.24</b>

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**OVERALL TOTAL**

**522.24**

# United States Deaf Cycling Association



\* denotes that they are members of affiliated club.

\*\* (RR) Recreational Road - (RM) Recreational Mountain

(CR) Competition Road - (CM) Competition Mountain - (S) Support

## 2005 USDCA Membership

Last-Name	First-Name	City	State	**	Member -Since
Skedsmo *	Bobby	Pittsburg	California	RR	June 1975
Morrison *	Bob	Fremont	California	RR	July 1975
Wood	Paul	Fishers	Indiana	CR	July 1986
Fleischer	Larry	Granada Hills	California	S	Sep 1990
Bernstein *	Ethan	Fremont	California	RR	Jan 1998
Skedsmo *	Francine	Pittsburg	California	S	Jan 1998
Farnady *	Mike	Livermore	California	RR	Jan 1998
Mouroux *	Bill	Morgan Hill	California	RR	Jan 1998
Schreiber	Nicholaus	Tucson	Arizona	CR	Jan 1998
Staubach	Scott	?	Tennessee	CR	Jan 1998
Lamberton *	Jack	Fremont	California	RR	June 1998
Nordstrand	John	Vail	Colorado	CM	Feb 1999
Greegor	Joey	Frederick	Maryland	CR/CM	Feb 1999
Wood *	Ron	San Ramon	California	RR	Apr 2000
Koetz *	Graham	Fremont	California	CR	June 2000
Buchanan	Beverly	Washington	D.C.	RR/RM	June 2000
Kosa	Trevor	Redmond	Washington	CR	June 2000
McLean	Johnny	Fishers	Indiana	CR	Jan 2001
Boudreault *	Patrick	Tarzana	California	CM	Aug 2002
Horwitz *	Robin	Fremont	California	RR	Jan 2002
Langbein	Wayne	Frederick	Maryland	CM	Apr 2002
Firl *	Leslie	Fremont	California	RR	Feb 1998
Cordy	Charles	Port Orchard	Washington	CR	June 2000
Nordstrand	Tammy	Vail	Colorado	RM	Aug 2000
Crowley *	Brian	Berkeley	California	RR	Mar 2003
Metz *	Andrew	Rocklin	California	CR	June 2003
Idler	Matt	Sacramento	California	CR	Jan 2004



Morrison *	Brian	Fremont	California	RC	Apr 2004
Burke *	Mark	-	California	RR	Apr 2004
Burke *	Aimee	-	California	RR	Apr 2004
Osbrink *	Rory	San Diego	California	CR	Apr 2004
Fernandez	Ralph	Rockville	Maryland	RR	Jan 2005
Thexton *	Jay	Fremont	California	RR	Jan 2005
Burke	Christian	Alexander	Virginia	RR	Jan 2005
Major	Jean-Marc	Quebec	Canada	CR	Jan 2005
Gabriel	Ron	Chalfont	Pennsylvania	S	Feb 2005
Saunders	Neil	Yakima	Washington	CR	Mar 2005
Weber	Casey	Santa Ana	California	CR	Mar 2005
Sluyter	Patrick	Tempe	Arizona	CR/CM	Mar 2005
Schneider	David	Edmonton	Canada	RR	Mar 2005
Daniels *	Toby	Fremont	California	RR	Mar 2005
Bye *	Ron	Fremont	California	RR	May 2005
Liedike	Charles	West Chester	Pennsylvania	CR	June 2005
Jones	Chris	San Jose	California	CR	June 2005

*Last updated: September 22, 2005*